Herfstcriterium 2026: Session: 5: COACH evaluation sheet for TEAM: ZVL

Coachinfo: Warming up from: 09:00 untill 09:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Jacob Sven

Coaches: Daniëls Liesbeth

Coaches: Slootmaeckers Silke HEADCOACH

Coaches: Vanuytven Diane

PB => Personal Best time **SB => Seasons Best time: Season starting point: first of September.**

Event number: 27: 100M FREESTYLE MEN 13+ — Heat:3, starttime: 10:05

Heat: 3/17 Lane : 4 Athlete: VERSTRAETE PEPIJN — **Q-time: 01:10:50**

PB (25m pool): 01:10.50 Nijlen 16/11/2025 **PB (50m pool):** 01:12.56 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:34.72		01:10.50	
		00:34.72		*00:35.78*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 27: 100M FREESTYLE MEN 13+ — Heat:7, starttime: 10:10

Heat: 7/17 Lane : 2 Athlete: DRISSI EL MESKINI TAMIZ — **Q-time: 01:06:73**

PB (25m pool): 01:06.73 Heist-op-den-Berg 10/01/2026 **PB (50m pool):** 01:10.23 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:31.52		01:06.73	
		00:31.52		*00:35.21*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 29: 100M BACKSTROKE MEN 11-12 — Heat:6, starttime: 11:15

Heat: 6/8 Lane : 6 Athlete: DE PUYDT ARTHUR — **Q-time: 01:27:17**

PB (25m pool): 01:27.17 Nijlen 18/10/2026 **PB (50m pool):** 01:34.73 **SB:** 01:27.17 Nijlen 18/10/2026

	25 M	50 M	75 M	100 M	
PB		00:43.02		01:27.17	
		00:43.02		*00:44.15*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Herfstcriterium 2026: Session: 5: COACH evaluation sheet for TEAM: ZVL

Event number: 31: 50M BACKSTROKE MEN 13+ Heat:5, starttime: 12:10

Heat: 5/13 Lane : 2 Athlete: VERSTRAETE PEPIJN **Q-time: 00:37:39**

PB (25m pool): 00:37.39 Stedelijk Zwembad Geel 15/02/2026 **PB (50m pool):** 00:38.43 **SB:** 00:37.48 Hoogstraten 27/09/2026

	25 M	50 M	
PB		00:37.39	
		00:37.39	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 31: 50M BACKSTROKE MEN 13+ Heat:9, starttime: 12:15

Heat: 9/13 Lane : 6 Athlete: DRISSI EL MESKINI TAMIZ **Q-time: 00:34:17**

PB (25m pool): 00:34.17 Nijlen 16/11/2025 **PB (50m pool):** 00:33.84 **SB:** no time

	25 M	50 M	
PB		00:34.17	
		00:34.17	
	. . : . . : . .	. . : . . : . .	

Coach feedback: